

Trelissick Garden, Feock, Truro, Cornwall TR3 6QL

TRAIL Walking

GRADE **Easy**

TIME

DISTANCE
1 mile (1.6km)

30 to 40 minutes

OS MAP **SW835396**

Contact

01872 862090 trelissick@nationaltrust.org.uk

Facilities

Refreshments at kiosk in car park and restaurant in main visitor area

Toilets in car park

Cycle racks

National Trust

nationaltrust.org.uk/walks

Trelissick top ten secret walk

Walk through historic parkland, along an oak fringed creek side and over a timber framed bridge to the promontory fort and 18th-century quay at Roundwood. There are dreamy views, an historic landscape and wildlife galore.



Terrain

The terrain is mostly on surfaced paths, with some steep sections, road crossing and small stream to cross. Dogs are welcome but keep a close eye on them. There are dog bins in the car park.

Things to see



Walking with giants

Trelissick is blessed with some remarkable old trees, in particular the oak. From the start of the walk you'll see these characterful old giants marching alongside the drive beside you. Take a few minutes to wander amongst them to fully appreciate their uniqueness, beauty and scale. On close inspection you may notice that one of the oaks has a massive crack running down its trunk - this was caused by the sheer weight of one of its lower limbs, virtually splitting the tree in two. The limb is now nestling on the ground preventing any further damage to the tree.



Roundwood in the Iron Age

One of the most visually impressive elements of Roundwood is the substantial remains of an Iron Age promontory fort. This survives as a large bank and ditch forming the outer defences on the land side (standing up to 10 to 13ft (3 to 4m) above the bottom of the ditch); the ditch on the south side acts as a hollow-way down to the creek. Internally, there's an oval enclosure defended by a further bank and ditch, which is where people would have lived, traded and celebrated; the quay area was probably used as a trading and transport base even then



Shipping

The deep waters of the Fal and Truro Rivers provide safe and cheap anchorage for a wide range of large vessels from all over the world. As economic forces change there may be oil tankers here, or perhaps refrigerated ships. Some stay here, with skeleton crews, for many months. The clank of the King Harry Ferry may be heard from Roundwood. This chain ferry is named after King Henry VI, as it once led to a chapel dedicated to him on the eastern bank. It's still an essential link to and from the Roseland peninsula.



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Start/end

Start: Trelissick car park End: Trelissick car park

How to get there

Train: Truro Train station 5 miles; Perranwell station 4 miles.

Road: Follow the A39 from Falmouth or Truro; then onto the B3289 at Playing Place and follow brown sign posts or signs to the King Harry Ferry.

Parking: Car parking on site £4 or free to members.

Sat-Nav: Put in our Trelissick postcode TR3 6QL.

Ferry: From Falmouth, Truro and St Mawes: visit the Fal River website for details of ferries and routes. Steep uphill walk from ferry pontoon.

Bus: number 493 from Truro, Lemon Quay to Feock via Trelissick Garden Find a bus timetable

Bicycle: Routes available on the Sustrans website.

National Trust

nationaltrust.org.uk/walks



- 1. Walk out into the park from the car park. Follow the drive to the right, pass through the gate and into Lodge Plantation, following the woodland walk signs to the Old Lodge.
- 2. Cross the road and follow the zig-zag path down through Namphillows Wood, replanted during the storm in 1990.
- 3. At the end of the path turn left and cross over the small stream below the ponds. Go right and over the timber bridge.
- 4. At this point you can make a detour into the beautiful flower and wildlife rich meadows at Tregew, or carry on to Roundwood Fort.
- 5. Follow the path through Lambsclose Plantation, and along the edge of Lamouth Creek. Look out for egrets, shelduck and kingfishers.
- 6. Pause to have a look around Roundwood Fort, a fabulous Iron Age promontory fort.
- 7. Walk through the fort and down the steps onto Roundwood Quay.
- 8. On the north end of the quay there is a track, originally for pack horses. Follow this for 300yd (275m) until you reach a gateway on the left marked by an old hollow sycamore tree and a single granite post.
- 9. Go into the meadow and turn left back down to the Lamouth Creek path, turn right and retraceyour steps. For a longer walk, turn left after the wooden bridge and carry on along the creek side back to Trelissick along the south woodland walk.
- 10. We hope that you really enjoyed this walk. The National Trust looks after some of the most spectacular areas of countryside for the enjoyment of all. We need your support to help us continue our work to cherish the countryside and provide access to our beautiful and refreshing landscapes. Share your pictures and thoughts about our walks at nationaltrust.org.uk/greatbritishwalk