

Coastal walk – The Lizard, South Cornish coast

Short description: The south Cornish coast of the Lizard offers dramatic cliff walks, masses of rare flowers and fascinating geological features. Kynance Cove has a sandy beach, caves and islands of serpentine stone which first attracted visitors in Victorian times and still captivates people today.

Getting there:

Road: From Helston, A3083 to Lizard town

Car parks: Kynance and The Lizard

Foot: 3¼ml of South West Coast Path on property

Bus: (B=bus stop) Truronian T3 Helston-Kynance Cove, June-Oct only (with connections from Redruth; otherwise T1 Perranporth-Lizard (passing Truro), to Kynance Cove 1½ml; to Lizard Point 1ml

For public transport information visit www.traveline.org.uk

Maps and start grid ref: OS Landranger 203 gr SW 703 125, Explorer 103

Facilities available: Café (National Trust-approved concession) at Kynance Cove beach, baby-changing facilities at Lizard Point car park toilets and Kynance Cove toilets

Terrain: Moderate walking conditions

Distance: 4.5 miles

Accessibility: Height gain of 220m over the walk. If on the beach beware of strong currents, don't swim at low tides and do not use inflatables. Cliffs are dangerous - children should be supervised

Points of interest: Follow the path from Lizard to Kynance beyond. Continue on this path looking out for the following features:

- 1 Kynance Cove, from café head south on coast path
- 2 View of Lizard Lighthouse
- 3 Old Lifeboat station (not National Trust)
- 4 Bass Point – site of early experiments in radio communication
- 5 Centre of the Lizard village

Return to car park towards Lizard Point

Property contact details: Tel: 01326 561407

National Trust properties nearby: Glendurgan Garden, St Michael's Mount and The Godolphin Estate

