

Llŷn Peninsula Walk – 5 ¾ miles

Porthor to Mynydd Anelog

THE NATIONAL TRUST

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Porthor and the two hills of Mynydd Carreg and Mynydd Anelog are the main focal points of National Trust land in this area consisting of over 170 ha of shoreline, headland and farmland. This beautiful walk gives an insight into Llŷn's traditional farming, wildlife, diverse habitats and fascinating geology. Porthor is also known as the 'Whistling Sands' as the rounded grains of sand 'squeak' or whistle underfoot. Not all sections are on National Trust land.

Getting there:

Road: Caernarfon to Nefyn, take B4417/B4413

Car parks: NT at gr SH166296

Foot: coastal paths from the west and east

Bus: (B=bus stop) Nefyn Coaches 01758 720904

For public transport information visit www.traveline.org.uk

Maps and start grid ref: OS Landranger 123 gr SH166296, Explorer 253

Facilities available: car park, toilets, pubs, cafes and shops in Aberdaron

Terrain: steep in places, cliff paths can be very narrow, walking boots advised

Accessibility: Height gain of 150m over the walk. If on the beach beware of strong currents, don't swim at low tides and do not use inflatables. Cliffs are dangerous- children should be supervised

Points of interest:

Follow the path from car park to the beach and turn left along the cliffs. Continue on this path looking out for the following features:

- 1 Dinas Bach means small stronghold and Fawr means large. These two small peninsulas may have been early fortified sites from the Iron Age
- 2 Dinas Bach and Dinas Fawr are formed from weathered pillow lavas which are volcanic rocks from the Precambrian >600M years old
- 3 Look out for many seabirds such as guillemots, razorbills, kittiwakes, shags and cormorants and for farm birds like the yellowhammer on the gorse
- 4 Experimental plots on Mynydd Anelog are marked to monitor different management on heather to see what is best practice to conserve this habitat for the future
- 5 At the chapel follow the signpost and way-markers back to Anelog and then through wooden stiles that cross many small fields to a T junction at Capel Carmel where the road leads back to Porthor

Detailed walk leaflets priced £2 are available in local shops, National Trust car parks and the National Trust property office, Craflwyn, Beddgelert, LL55 4NG

Property contact details: Tel 01766 510129

National Trust properties nearby: Many along the coast and Plas yn Rhiw

