

Coastal Walk – 4 miles

Sand Point & Middlehope, Somerset

Short description: Sand Point is an extension of the Mendip Hills made of limestone that juts into the Bristol Channel. There is plenty of space, great views across the Bristol Channel to Wales, and up the Bristol Channel to the Severn bridges and lots of wildlife and archaeological interest to explore

Getting there:

Road: Junction 21, M5. Take road to Weston-super-Mare then Kewstoke. Head north on coast road to Sand Point car park

Car parks: Sand Point donations welcome

Foot: walk along beach from Kewstoke

Bus: (B=bus stop) First (Avon) Service Number: 101 Weston-super-Mare-Kewstoke

Rail: Worle (from Bristol or Weston-super-Mare). For public transport information visit www.traveline.org.uk

Maps and start grid ref: OS Landranger 182gr ST330659, Explorer 153

Facilities available: Toilets at car park (not National Trust); Cafés, shops, pubs and ice creams available in Kewstoke.

Terrain: Easy walking. Good footwear advised

Distance: 4 miles

Accessibility: Height gain of 48m over the walk. If on the beach beware of very strong currents, swimming not advised and do not use inflatables. Cliffs are dangerous- children should be supervised. Watch for the weather as little shelter

Points of interest: Follow the path at the back of the car park and keep the fenceline on your right. Continue on this path looking out for the following features:

1. Sheep fold (for sorting sheep). The walls originally built by Napoleonic prisoners in late 18 century
2. Salt marsh good display of sea aster and sea lavender in the summer
3. Medieval field system remains-probably associated with the Priory
4. Shrimping Hut- built in Edwardian times and used up until the 1930's- at low tide poles used to support the shrimp nets can be seen
5. World War Two lookout- an iron-age hill fort location was modified at the start of the war as a lookout position. Spring-scrub is interesting for migrant birds such as whitethroat, willow warbler and wheatear

Detailed walk leaflets are available by contacting the property

Property contact details: Tel 01934 844518

National Trust properties nearby: Tyntesfield, Crooks Peak and Cheddar, Clevedon Court

