

Beach walks with your dog!

The National Trust can offer you and your dog a huge variety of places to go for a walk, close to urban areas, on the coast and in the countryside.

A bracing walk on a beach with your dog is a wonderful experience and as we care for over 700 miles of coastline, we have plenty of great locations for you to discover.

In welcoming you and your dog to our beaches all we ask is that you keep your dog under control, observe local signs, notices and restrictions, and dispose of dog poo thoughtfully.



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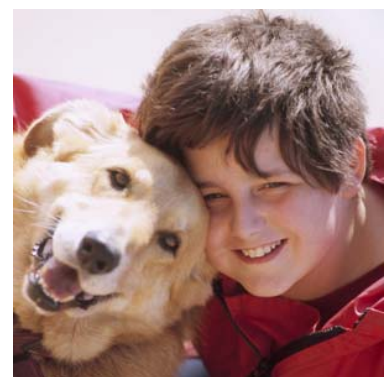
Many of our beaches welcome dogs all year round but there are restrictions at a small number of places at busy times of the year and during sensitive seasons for breeding wildlife.

All these restrictions will be clearly indicated by on site notices. This leaflet will help you to plan in advance a visit with your dog to one of our beaches by listing those that have restrictions at certain times of the year and giving contact details for further information.

Walkies in the wild

Help keep the countryside a safe, healthy and enjoyable place for you and your dog, other visitors, wildlife and livestock:

- Always keep your dog in sight and under control; use a lead if need be.
- Never let your dog chase wildlife or farm animals; it causes serious injuries and your dog could become lost, hit by a car or shot.
- Observe local notices when you're out and about. There may be restrictions in woodland or on farmland at sensitive times of year, like in spring, during the lambing season, and between the beginning of March and the end of July when ground-nesting birds are on eggs or raising their young.
- Try to check before you visit as situations may differ from place to place.



Find out more in the leaflet **You and Your Dog in the Countryside**

Happy walking...

www.nationaltrust.org.uk/dogs

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National Trust beaches with seasonal dog restrictions

	No dogs at any time	No dogs: Easter – 1 Oct	No dogs: 1 April – 1 Oct	No dogs: 1 May – 30 Sept	No dogs: 1 Jun – 30 Sept	No dogs at other times
CORNWALL (01208 74281)						
Polzeath / Pentireglaze Haven, Wadebridge						
Kynance Cove, The Lizard (01326 561407)						
Poldhu Cove, The Lizard (01326 561407)						
Gunwalloe/Church Cove, Helston (01326 561407)						
Chapel Porth, St Agnes						
Rinsey, Praa Sands (01326 561407)						
Godrevy, Camborne						
Porthcurno						
DEVON (01392 881691)						
Branscombe, Seaton						
Wembury, Plymouth						
Woolacombe – north end up to stream						
DORSET (01202 882493)						
Burton Bradstock, Bridport						
Brownsea Island, Poole Harbour (01202 707744)						
Studland – Knoll and Middle Beach, Swanage (01929 450259)						Last Sat in June to first Sun in Sept
ISLE of WIGHT (01983 741020)						
Compton Beach – west and right of steps at Shippards Chine, below car park						1/6 – 15/9

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NORFOLK (01284 747554)						
Blakeney Point – west of old lifeboat house (01263 740241)						1/4 – 30/8
Brancaster – west of golf clubhouse (01485 210719)						
Scolt Head Island						Mid Apr to mid Aug
SUFFOLK (01284 747554)						
Dunwich Beach – 200 yard stretch of family beach Saxmundham (01728 648501)						
Orford Ness NNR, Woodbridge (01394 450900)						
Northey Island, Blackwater Estuary						
NORTHUMBERLAND (01665 576117)						
Newton Pool Nature Reserve, Low Newton-by-the Sea	Dogs on leads outside reserve					
WALES (01492 860123)						
Mwnt, Cardigan Bay						
Penbryn, New Quay						
Porthor, Llyn Peninsula						
Traeth Llanbedrog, Llyn Peninsula						
NORTHERN IRELAND (028 9751 0721)						
Murlough NNR – Ring Reserve County Antrim (028 4375 1467)						1/4 – 1/8

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