



Best foot forward with these mega moulds

Once you've found a really good track you can preserve it for future reference with the help of a little cardboard and some plaster of paris.

You will need:

- strips of cardboard 5cm x 30cm
- paper clips - 2 for each strip of card
- water
- plaster of paris
- pot to mix in
- spoon or stick to stir

What to do:

1. Clear out any leaves, blades of grass or twigs that cut over the footprint but be careful not to disturb the print.



2. Make a circle, big enough to cover the track. Gently push the cardboard circle over the track, into the ground.



3. Mix up the plaster of paris with water until it's lump-free and of pouring consistency. Be quick, it can set very fast!



4. Pour the plaster of paris into the mould slowly and steadily. Fill it to about 5cm.



5. Let the plaster of paris set hard – this should take about 10 minutes so have a little patience!



6. Lift your mould and take it home to dry out completely. Use an old soft toothbrush to brush off the mud.

