

Mourne Mountain Adventure (MMA)

Charter

1. The aim of MMA is to encourage young people to take part in a planned challenge over a variety of terrain in South Down.
2. The event is not a competition but a challenging adventure that demands careful planning, preparatory training, determination, endurance, elementary navigation and teamwork by the participants.
3. The MMA is a climax of a structured and sustained training programme requiring commitment, responsibility and teamwork. The primary objectives throughout are:
 - a. To develop personal fitness through healthy outdoor activity.
 - b. To foster an ability to walk safely in wild country and to navigate accurately in fine weather and foul.
 - c. To teach how to cope with adversity and overcome it.
 - d. To contribute to a growth of self reliance and personal responsibility, and to stimulate leadership qualities.
 - e. To engender team spirit and recognition of the contribution made by each team member.
 - f. To participate in a demanding event alongside teams from the whole community.
 - g. To instil an appreciation of the landscape, wildlife and cultural heritage of the Mourne Mountains and of the vital importance of conserving this environment.
 - h. To promote a sense of adventure and fun.
 - i. To convey a basic knowledge of first aid.
 - j. To nurture a respect for the countryside in general and an affection for all areas of natural beauty.
 - k. To encourage a yearning for further challenge through new found confidence, motivation and success.