



National  
Trust



# NATIONAL TRUST BOOKS

New Titles 2018



## The National Trust Handbook 2018

This is the definitive illustrated guide to over 500 National Trust houses, gardens, many unusual buildings, art collections and 250,000 hectares of coast and countryside. New entries in the 2018 Handbook include Trevoze Head in Cornwall, Stoke-sub-Hamdon Priory in Somerset, The Firs – birthplace of Edward Elgar – in the Midlands, Wentworth Woodhouse in Yorkshire and the Southwood Estate and Tŷ Isaf in Wales. The handbook also has a themed index and a guide to what's on across the Trust throughout the year. The cover photograph is by the winner of our Handbook Book Jacket photography competition. The Handbook is an invaluable guide for all National Trust members, visitors, tourists and anyone thinking of a roadtrip around the most stunning places in Britain.

National Trust | 9780707804439 | £9.99 | Paperback | January 2018 | Over 600 colour photographs | 210 x 145mm | 452pp



9781841657882 | £14.99  
Hardback | April 2018  
200 images  
210 x 235mm | 192pp

## Rooms of their Own

Eddy Sackville-West | Virginia Woolf | Vita Sackville-West

**Nino Strachey**

Evocative, engaging, and filled with riveting details, this book explores the homes of three writers linked to the Bloomsbury Group: Knole, Monk's House and Sissinghurst. Bringing together stories of love, desire and intimacy, of evolving relationships and erotic encounters, with vivid accounts of the settings in which they took place, it offers fresh insights into their complicated interlocking lives. Complete with first-hand accounts, the book illuminates shifting social and moral attitudes towards sexuality and gender in the 1920s and 30s.

**Nino Strachey** is descended from a family at the heart of the Bloomsbury Group. Her research focuses on the expression of personality through place, interpreting the biography of buildings and collections. Since starting her career with the Landmark Trust, she has worked for English Heritage and the National Trust, curating the homes of scientists, politicians and writers. She is Head of Research and Specialist Advice for the National Trust.

# The Story of the English Garden

**Ambra Edwards**

*The Story of the English Garden* is a beautifully illustrated exploration of the English people's long-standing love affair with gardens. This fascinating story of passion, power and politics covers everything from tiny medieval gardens to Victorian glasshouses crammed with exotic specimens and the ecologically aware gardens of today. A definitive guide to England's greatest collection of historic gardens and a celebration of World Heritage sites, rare plants and groundbreaking architectural design, this wonderfully written book is a must-read for garden lovers and historians alike.

**Ambra Edwards** studied garden history at Birkbeck College, London. She is an environmental campaigner and award-winning writer, three times named the Garden Media Guild's Journalist of the Year. Her work appears regularly in *The Telegraph*, *The Guardian* and leading garden journals.



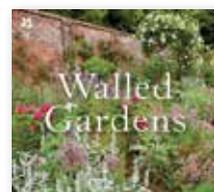
9781911358251 | £25  
Hardback | March 2018  
255 x 195mm | 304pp

## Walled Gardens

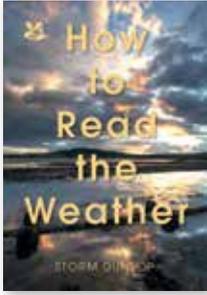
**Jules Hudson**

Walled gardens were once an essential component of every country house. Their shelter provided ideal growing conditions for food, flowers and medicine and they led to innovations such as glasshouses and even heated walls. Full of beautiful photography, this new book from BBC presenter Jules Hudson looks at the history, design and cultural heritage of walled gardens throughout England and Wales.

Over the last decade, **Jules Hudson** has established himself as an engaging and versatile writer and broadcaster. As the leading face of the BBC's rural property flagship 'Escape to the Country' he's known to millions, an audience he also developed in 'Britain's Heritage Heroes' and 'Britain's Empty Homes'. This is his first book.



Pavilion  
9781909881914 | £16.99  
Hardback | March 2017  
400 colour illustrations  
240 x 254mm | 240pp



9781911358244 | £12.99  
 Hardback | March 2018  
 211 x 149mm | 160pp

## How to Read the Weather

**Storm Dunlop**

*Does a red sky tonight really mean fine weather tomorrow? What do those funny shaped clouds mean? Will I need an umbrella today?*

There's nothing the British love more than discussing the weather. This pocket-sized guide takes you through the basics of what makes the weather and shows how to read the signs so you know what will happen next. It also reveals some of the most unusual and dramatic weather events in history. From barometers to blizzards, cloud bursts to cross winds, this is a perfect guide for armchair meteorologists and those planning their next walk or camping trip.

**Storm Dunlop** has written numerous books on astronomy and meteorology, and has acted as editor and consultant on many more. He is a Fellow of the Royal Astronomical Society, a member of both the International Astronomical Union and the American Association of Variable Star Observers, and is a former President of the British Astronomical Association. Storm is a Visiting Research Fellow at the University of Sussex.



9781911358077 | £12.99  
 Paperback | April 2018  
 211 x 149mm | 272pp

## Great British Seasonal Walks

A pocket-sized book featuring 100 perfect country walks for every time of the year. Discover spring's bluebell woods, the wildflower meadows of summer, autumn colour and the stark grandeur of winter landscapes. Covering the whole of the UK, the routes are easy to moderate in their difficulty and have plenty of information on nearby cafés and other facilities, making this the perfect book for anyone looking for relaxed strolls and family-friendly walks.

## The Weekend Cookbook

Relaxed recipes for lazy days

**Matt Williamson**

From lazy breakfasts in bed to healthy brunches, leisurely roast dinners to quick Sunday suppers: *The Weekend Cookbook* is a delicious collection of 100 approachable, easy-to-follow recipes perfect for the weekend. Start the day with French toast, enjoy Persian-style stuffed shoulder of lamb for lunch or pack the perfect picnic of black pudding Scotch eggs and noodle salad.

**Matt Williamson** has over 20 years of experience of working in restaurants around the world. His restaurant Flinty Red in Bristol won accolades from Michelin, The Good Food Guide and Observer Food.



9781911358374 | £20  
Hardback | March 2018  
246 x 189mm | 208pp

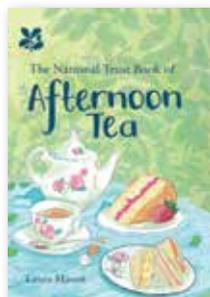
## The National Trust Book of Afternoon Tea

**Laura Mason**

Afternoon tea is the quintessential British ritual. And with over 100 tearooms across the country, the National Trust knows a thing or two about it.

This gift-sized guide is a feast of sweet and savoury recipes that go perfectly with a cup of tea, from old favourites to classics with a twist such as cucumber sandwiches with minted cream cheese. Plus there's everything you need to know to brew the perfect pot of tea (not to mention the odd cocktail and bowl of punch), while sample menus are included by theme to help you plan your perfect party.

**Laura Mason** was raised on a farm in Upper Wharfedale, Yorkshire. A highly respected food historian, her books include *Good Old-Fashioned Roasts*, *The National Trust Farmhouse Cookbook* and *The National Trust Complete Country Cookbook* (all published by National Trust Books).



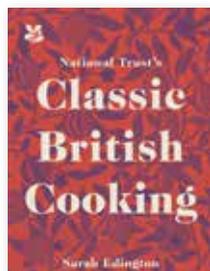
9781911358206 | £9.99  
Hardback | March 2018  
192 x 136mm | 160pp

## Classic British Cooking

**Sarah Edington**

This banquet of a book – a newly updated version of the *National Trust Complete Recipe Book* – brings together hundreds of recipes that celebrate the best of British cooking, both regional and national. Discover the origins of macaroni cheese and Indian-influenced Kedgeree, how medieval pottage became soup and why desserts like rice pudding and Eton mess became all-time favourites.

**Sarah Edington** is a professional cook who has written and edited many cookery books. As well as writing about food she specialises in tours of historic kitchens.



9781911358367 | £30  
Hardback | January 2018  
Colour photography  
throughout  
246 x 189mm | 424pp



9781911358381 | £20  
Hardback | June 2018  
246 x 189mm | 208pp

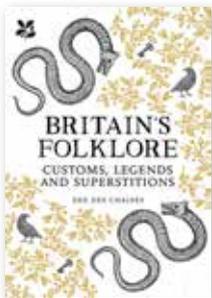
## Vita & Virginia

A Double Life

**Sarah Gristwood**

In this highly illustrated biography, Sarah Gristwood reveals the lives of two fascinating women, Virginia Woolf and Vita Sackville-West, and their passionate affair.

**Sarah Gristwood** is a best-selling biographer, historian, former film journalist, and commentator on royal affairs. She is the author of two bestselling Tudor biographies, *The Story of Beatrix Potter* and *Game of Queens: The Women Who Made the 16th Century*. She is a Fellow of the RSA and an Honorary Patron of Historic Royal Palaces.



9781911358398 | £12.99  
Hardback | April 2018  
192 x 136mm | 204pp

## Britain's Folklore

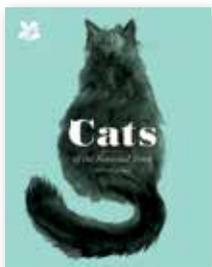
Customs, Legends and Superstitions

**Dee Dee Chainey**

Did you know that, in Yorkshire, it was believed a person lying on a pillow stuffed with pigeon's feathers could not die? Or that green is an unlucky colour for wedding dresses? And have you heard of the Black Shuck, the giant ghostly dog who was reputed to roam East Anglia?

*Britain's Folklore* is an entertaining and engrossing collection of British customs, superstitions and legends from the past and present.

**Dee Dee Chainey** is an archaeologist by training and co-founder of popular website and Twitter account 'Folklore Thursday'. This is her first book.



9781911358367 | £9.99  
Hardback | June 2018  
155 x 125mm | 128pp

## Cats of the National Trust

**Amy Feldman**

*Cats of the National Trust* introduces over 40 felines, past and present, who have made National Trust properties their homes. Meet Tim, the half-Persian stray rescued by a young John Lennon; Jock VI of Chartwell, Kent, who fulfils Winston Churchill's request that there always be a marmalade cat with a white bib and four white socks at his former home; and Henry of Arlington Court, Devon, who is currently working his way through the list of 50 Things to Do Before You're 11 ¾.

**Amy Feldman** is an editor at the National Trust and the author of National Trust guidebooks to Brockhampton Estate, Tudor Merchant's House and Townend. She has one cat, a ditsy tuxedo named Puffin, but is hatching plans to expand her feline empire.

## William Blake in Sussex

### Visions of Albion

**Andrew Loukes**

Sussex, the only place outside London where Blake ever lived, inspired a wide body of extraordinary work, done for new and existing patrons and ranging from the familiar to the rarely considered. Accompanying the first exhibition devoted to the subject, *William Blake in Sussex* considers the collective significance of the English county to the life and work of the celebrated artist and writer.

**Andrew Loukes** is House and Collections Manager at Petworth House (National Trust), where he has worked since 2008. He has curated temporary exhibitions of historic British art at Petworth since 2013. Before working at Petworth he was a Curator at Manchester Art Gallery, having previously worked at Tate Britain and Plymouth Museum and Art Gallery.



Paul Holberton  
9781911300298 | £16.50  
Paperback | January 2018  
60 images  
210 x 210mm | 80pp

## Prized Possessions

### Dutch Paintings from National Trust Houses

**Edited by Rupert Goulding and David A. H. B. Taylor**

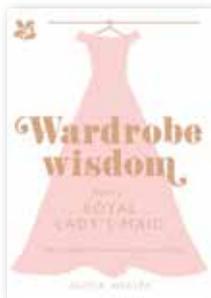
Published to accompany the National Trust's first exhibition of Golden Age Dutch pictures, which will be shown at the Holburne Museum in Bath, the Mauritshuis in The Hague and at Petworth House in West Sussex, *Prized Possessions* celebrates the enduring British taste for 17th century Dutch paintings. The exhibition ranges widely from portrait to still life, landscape to religious art, painted by celebrated artists including Rembrandt, Lievens, Hobbema, Cuyp, De Heem, ter Borch and Metsu. The authors explore why and how this particular type of art was desired, commissioned and displayed.

**Dr Rupert Goulding** is Lead Curator for the South West region of the National Trust. His doctoral research was on the palaces of Henry VIII, exploring architecture and identity. He led the reinterpretation of Chedworth Roman Villa and is currently developing a major project to revive Dyrham Park, on which he has researched and published.

**David A. H. B. Taylor** is Curator of Pictures and Sculpture at the National Trust. He is a specialist in early modern British portraiture, and has recently published on Adam de Colone and the iconography of George of Denmark. He has curated and co-curated a number of exhibitions, including Lely's prints and drawings collection, the Scottish Enlightenment, Rembrandt and Stanley Spencer.



Paul Holberton  
9781911300243 | £25  
Paperback | May 2018  
Colour illustrations  
throughout  
260 x 216mm | 160pp



National Trust  
9781911358435 | £9.99  
Hardback | September 2018  
192 x 136mm | 128pp

## Wardrobe Wisdom From a Royal Lady's Maid

How to dress and take care of your clothes

**Alicia Healey**

Alicia Healey has worked with some of the world's wealthiest, including at Buckingham Palace. Here she distils her expertise about what to wear for every occasion and how to care for your clothes into a handy gift book. Discover how to pack like a pro – whether for a weekend away or grand tour; take the stress out of ironing; and pack your clothes away and keep them in perfect condition. She also reveals her top ten essential tips for looking a million dollars on a tight budget. As well as Alicia's wise words, the book is peppered with amusing behind-the-scenes anecdotes from the author's job as a 21st-century lady's maid and insights into the life of lady's maids in the past.

**Alicia Healey** spent four years working as a Housemaid/Lady's Maid for HM The Queen's private household based at Buckingham Palace, with regular travel to work at all the other royal residences: Windsor Castle, Sandringham House, Balmoral Castle and Holyrood Palace. She subsequently travelled extensively working as a Travelling Lady's Maid for Saudi Arabian ladies, visiting locations such as Riyadh, Marrakech, Japan, Bali and the USA.



National Trust  
9781911358404 | £9.99  
Hardback | March 2018  
150 x 196mm | 112pp

## Learn Drawing Quickly

**Sharon Finmark**

This practical and concise book contains simple exercises to get you started drawing. There's advice on texture, pattern and form; light and shade; adding perspective and an introduction to working in different mediums. Subjects covered include still life, flowers and plants, landscapes, interiors and people. By the end you will be drawing with confidence – and having fun too!

**Sharon Finmark** trained at St Martin's College of Art and teaches life drawing and painting at Lauderdale House in London. She writes for *The Artist* magazine and is author of several painting books, including *600 Watercolour Mixes* (Batsford).

## Women & Power

### The Struggle for Suffrage

**Dr Sophie Duncan and Rachael Lennon**

Celebrating a year of 'Women & Power' programmes throughout the Trust, this guidebook explores the roles of our places in the women's suffrage movement, through the people who lived and worked in them – from the Midlands kitchen-maid turned suffragette arsonist to the aristocratic dynasties split by a daughter's campaigning.

**Dr Sophie Duncan** is a postdoctoral researcher at Magdalen College, University of Oxford. She teaches and researches Renaissance and Victorian literature, women's writing and performance, and drama from Shakespeare to the present. **Rachael Lennon** curates the National Trust's Challenging Histories programme. In 2017 she developed and delivered Prejudice and Pride, a year-long celebration of LGBTQ heritage.



9781911384861 | £5.99  
Paperback | February 2018  
210 x 210mm | 56pp

## Virginia Woolf & Monk's House, Sussex

**Claire Masset**

Depression may have robbed her of old age, but Virginia Woolf's spirit is still very much alive at Monk's House, her country retreat in the South Downs. It is in the accumulation of small things that you will find it, and in the atmosphere of quiet domesticity that she and her husband Leonard shared here for many years. Part biography and part guided tour this enlightening book combines quotes, short analyses of her books, ideas and relationships, with archival and contemporary photographs. It offers a vivid introduction to one of the most complicated and revered authors of the 20th century.

**Claire Masset** is Guidebooks Publisher for the National Trust. She was formerly the Gardens Editor of *The English Garden Magazine*. As well as writing guidebooks, she is also the author of *Secret Gardens of the National Trust*.



9781843595618 | £6.99  
Paperback | June 2018  
210 x 210mm | 64pp

## Ellen Terry & Smallhythe Place, Kent

**Dr Veronica Isaac**

'The uncrowned queen of England', actress Dame Ellen Terry fascinated and beguiled on- and off-stage. A six-decade career saw her become the doyenne of Shakespearean theatre and Henry Irving's leading lady. Behind the curtains she led an unconventional, extraordinary life. Combining biography and property tour, this guidebook tells Ellen's story through her house – Smallhythe Place – and objects she left behind.

**Dr Veronica Isaac** is a dress historian, specialising in the dress and theatre costume of the 19th and early 20th centuries. She currently works as a museum curator and lecturer and recently completed a PhD thesis investigating the personal and theatrical dress of Ellen Terry.



9781911384229 | £5.99  
Paperback | August 2018  
210 x 210mm | 48pp



## Dudmaston Hall, Shropshire

Dudmaston has been owned by one family for over 875 years. This guidebook describes its rich history, parkland and pioneering forestry as well as its unexpected contemporary sculpture and painting collections.

9781911384366 | £4.99 | Paperback | January 2018 | 210 x 210mm | 40pp



## Townend, Cumbria

The much-loved home of the Browne family for 12 generations, Townend is a unique survival of a working Cumbrian farmhouse. This guidebook provides an extraordinary insight into the lives of an ordinary farming family.

9781911384762 | £4.99 | Paperback | January 2018 | 210 x 210mm | 40pp



## Shugborough Estate, Staffordshire

Find out about Admiral Anson's circumnavigation of the globe, explore the Lichfield apartments – once home to society photographer Patrick Lichfield – and discover expansive grounds, featuring monuments, formal gardens and stunning parkland.

9781911384458 | £4.99 | Paperback | January 2018 | 210 x 210mm | 36pp



## Rievaulx Terrace, Yorkshire

Rievaulx Terrace is one of Yorkshire's finest 18th-century landscape gardens. A narrow wooded backdrop, full of the scent of wild garlic in late spring, hides the terrace until the very last moment. It's a perfect picnic spot to enjoy views of the hills and moorlands of Ryedale, and it affords an unusual viewing point over the dramatic ruins of Rievaulx Abbey.

9781911384502 | £4.99 | Paperback | February 2018 | 210 x 210mm | 24pp



## Winkworth Arboretum, Surrey

A renowned collection of trees and shrubs, with winding footpaths leading to lakes and wetlands, Winkworth is an arboretum full of beautiful landscapes, attractive seasonal colour and botanical interest.

9781911384625 | £4.99 | Paperback | March 2018 | 210 x 210mm | 36pp



## Mr Straw's House, Nottinghamshire

Number 7, Blythe Grove has remained virtually unchanged since the Straws moved here in 1923. For over 60 years they threw little away, leaving behind a time capsule revealing the daily life of a grocer's family.

9781911384649 | £4.99 | Paperback | March 2018 | 210 x 210mm | 28pp

## Claydon, Buckinghamshire

The Georgian Verney family home in its tranquil park is full of surprises: idiosyncratic collections from generations of travel; exquisite carved decoration; a Chinese fantasy room; and Florence Nightingale memorabilia.

9781911384663 | £6.99 | Paperback | March 2018 | 210 x 210mm | 64pp



## Cragside, Northumberland

William Armstrong's striking house, pioneering the domestic application of electricity, was described as the 'palace of a modern magician'. Its story is bound up with the remarkable life and work of its creator.

9781843594635 | £6.99 | Paperback | March 2018 | 210 x 210mm | 64pp



## Lavenham Guildhall, Suffolk

The timber-framed Guildhall of Corpus Christi conveys through its 500-year-old story the fluctuating fortunes of what was once one of the wealthiest towns in Tudor England and is now one of the best preserved.

9781911384687 | £5.99 | Paperback | March 2018 | 210 x 210mm | 40pp



## Standen House and Garden, Sussex

Celebrating Standen's recent garden restoration and the opening of new rooms, this beautifully illustrated guidebook draws on new research to reveal more about this Arts and Crafts gem.

9781911384267 | £6.99 | Paperback | March 2018 | 210 x 210mm | 64pp



## Dyffryn Gardens, Vale of Glamorgan

Dyffryn Gardens are an exceptional example of Edwardian garden design. Designed by eminent landscape architect Thomas Mawson in 1906, the 55-acre site features intimate garden rooms, a great lawn and arboretum. The grand Victorian mansion, Dyffryn House, overlooks the gardens.

9781911384700 | £4.99 | Paperback | March 2018 | 210 x 210mm | 24pp



## Quarry Bank, Cheshire

One of Britain's greatest industrial heritage sites, this pioneering 18th-century cotton mill once belonged to the wealthy Greg family. It houses the most powerful working water wheel in Europe and two 19th-century mill engines. Styal Village, built by the Gregs for the mill workers, is still a thriving community. Together the mill and the village tell a fascinating story of the Industrial Revolution.

9781911384724 | £6.99 | Paperback | March 2018 | 210 x 210mm | 56pp





## North Devon Countryside

Discover the secrets and stories of the North Devon countryside, from its fascinating and long history to top tips on the wildlife you might spot, best beaches, walks and other activities that can be enjoyed in each area.

9781911384472 | £6.99 | Paperback | March 2018 | 210 x 210mm | 64pp



## Hanbury Hall and Gardens, Worcestershire

Hanbury Hall was built to display the wealth and status of one man, Thomas Vernon. One possible translation of the family motto – ‘spring is not always green’ – proved prophetic. Hanbury eloquently tells of the changing fortunes of the Vernon Family.

9781911384540 | £6.99 | Paperback | March 2018 | 210 x 210mm | 56pp



## Berrington Hall, Herefordshire

This show-stopping property is unmissable for those interested in architecture and garden design. Here you can discover the last ‘Capability’ Brown landscape with its 14-acre artificial lake and the most complete surviving Henry Holland mansion.

9781911384182 | £6.99 | Paperback | April 2018 | 210 x 210mm | 56pp



## Finch Foundry, Devon

Finch Foundry is a doorway to Dartmoor’s industrial past. You can still experience the sights, sounds and smells of the hammers driven by the three thundering wheels of the last working water-powered forge in England.

9781911384588 | £3.99 | Paperback | April 2018 | 210 x 210mm | 24pp



## King John’s Hunting Lodge, Somerset

This early Tudor timber-framed wool merchant’s house with arcaded stalls opening onto the street allows a fascinating insight into local medieval history.

9781911384823 | £3.99 | Paperback | May 2018 | 210 x 210mm | 24pp



## Treliissick, Cornwall

Sitting on its own peninsula in the Fal estuary, Treliissick enjoys the most maritime views. While the fortunes of the mining magnates that created it ebbed and flowed like the tides, the house and garden remain sublime.

9781911384564 | £4.99 | Paperback | May 2018 | 210 x 210mm | 32pp

## Lydford Gorge, Devon

Lydford is the deepest gorge in the South West, its highlight the spectacular 30-metre Whitelady Waterfall. For centuries it has been an enchanting place. As well as its wildlife, river, plants and trees, there is much folklore to explore.

9781911384601 | £4.99 | Paperback | June 2018 | 210 x 210mm | 32pp



## East Riddlesden Hall, West Yorkshire

Step back in time 400 years: East Riddlesden's 17th-century farm manor house reveals more about those who lived and worked on the estate, while the picturesque gardens provide a tranquil escape from urban life.

9781911384168 | £5.99 | Paperback | June 2018 | 210 x 210mm | 48pp



## Kedleston Hall, Derbyshire

Kedleston Hall is a magnificent 'temple of the arts', designed by Robert Adam for entertaining on a grand scale.

9781843594857 | £5.99 | Paperback | June 2018 | 210 x 210mm | 48pp



## Canons Ashby, Northamptonshire

Canons Ashby represents two millennia of rural living. Once a medieval priory lived in by Augustinian canons, then a Tudor farmhouse turned Elizabethan mansion, it has many layers to peel and stories to tell.

9781911384526 | £6.99 | Paperback | June 2018 | 210 x 210mm | 56pp



## Isaac Newton at Woolsthorpe Manor, Lincolnshire

Birthplace of Sir Isaac Newton, this small manor house, with its 400-year-old apple tree, is now a place of scientific pilgrimage; its story one of discovery and inspiration which shaped how we see the world today.

9781911384748 | £5.99 | Paperback | September 2018 | 210 x 210mm | 56pp



## Hinton Ampner, Hampshire

Best known for its fine gardens, Hinton Ampner is an elegant country house with an outstanding collection of furniture, paintings and *objets d'art*. The house was extensively remodelled after a traumatic fire in 1960 by its final owner, Ralph Dutton, who also created the gardens.

9781911384786 | £6.99 | Paperback | December 2018 | 210 x 210mm | 56pp





9781911384809 | £4.99  
Paperback | March 2018  
210 x 297mm | 24pp

## Quarry Bank

### A Children's Guide

Join our young guides Craig, Sal and Asif as they discover what jobs children did in a cotton mill during the Industrial Revolution. How did the giant weaving looms work? What was life like for a child apprentice? Young readers can have a go at weaving, making mill porridge and being an Industrial Revolution detective.



9781911384410 | £4.99  
Paperback | April 2018  
210 x 297mm | 32pp

## Giant's Causeway

### Nature Rocks!

The same old Giant's Causeway but from a totally new perspective. The causeway is giant, the history immense, the stories epic, the wildlife ... wild! Our intrepid trio, Craig, Sal and Will, is joined by Frank the Fulmar as they explore this world-famous place like never before.



9781911384847 | £4.99  
Paperback | December 2018  
210 x 297mm | 32pp

## Lanhydrock

### A Children's Guide

What was it like to live and work in a Victorian country house? Find out all about the games children might have played and their pets; what life was like for their servants and nanny; and how exciting new technology – such as electricity – changed their home. Young readers can also learn all about the nature and wildlife that lives at Lanhydrock.

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